



Theo Dijkman

Psychotherapy, counselling and supervision

Client agreement

Contact information

Please use the contact details below to arrange or change appointments. Messages can be left on my voice mail. Please visit the website for more information on psychosynthesis and services offered: www.psychosynthesisScotland.com.

Practice addresses and appointments

All appointments in Edinburgh take place at the Whole Works, Jacksons Close, 209 Royal Mile, Edinburgh, EH1 1PZ. Please visit the website for further information on the centre and location, www.thewholeworks.co.uk

All appointments in the Scottish Borders take place at the address below. Please arrive at the arranged times as there is no waiting room.

Appointments usually take place at a time mutually agreed at the initial interview. The initial interview is an opportunity to explore the presenting issues in the wider context of one's life and whether psychotherapy or counselling can help with this. All appointments are for one hour. Client choice is paramount and sessions can be ended at any given time in discussion with the therapist.

Fees

£ 45 per hour for individuals.

£ 55 per hour for couples.

Payment both in cash, by cheque and BACS transfer will be accepted.

Cancellations and holidays

One full week's notice is required for cancellation of a booked session. Cancellations within less than one week will be charged at £ 25 or with less than 24 hours notice, the full fee.

A retainer will be charged for long-term absences of clients in ongoing therapy. Fees will not be charged if cancelled by the therapist.

Client records and confidentiality

Basic client contact information including relevant medical information where necessary will be kept on file. All files are securely stored and clients can request access to these. All sessions are confidential in line with the Code of Ethics and Practice of the Institute of Psychosynthesis in London. Copies of this code can be supplied on request, or by contacting the Institute of Psychosynthesis, 65a Watford Way, Hendon, London NW4 3AQ, tel 0208 202 4525. Client work is presented anonymously to an independent clinical supervision consultant to ensure client safety and adherence to the code of ethics and practice on occasion.

Qualifications

MA Psychosynthesis Psychotherapy

Diploma Psychosynthesis Therapeutic Counselling

Certificate Psychodynamic Supervision

UKCP Registered since 2003

Accredited with the Association of Psychospiritual Practitioners

Contact details

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